



PE Curriculum 2020/21

5 weeks of each when block split . Full 10 weeks if one activity listed.

Key Stage 1 Curriculum Map for Physical Education				
	Cycle 1	Cycle 2	Cycle 3	Cycle 4
FS2 – 2 sessions a week 10 weeks of each	Yoga – Fit Kids Scheme	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Yoga – Fit Kids Scheme	Dance – imoves
	Fundamentals – Somerset scheme/ imoves	Fundamentals – Somerset scheme/ imoves	Fundamentals – Somerset scheme/ imoves/sports day prep Small groups doing Get Set Cycling with Links or Sue or Harry.	OAA Forest School (own staff)
Year 1	Sports hall Athletics – Uk ath - Sportshall Infants Resource Cards or imoves	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Yoga – Fit Kids Scheme	Dance – imoves
	Yoga (Fit Kids scheme written by SC)		Fundamentals Somerset scheme/ imoves	Sports day preparation/ Fundamentals
Year 2	Sports hall Athletics – Uk ath - Sportshall Infants Resource Cards or imoves	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Yoga – Fit Kids Scheme	Dance – imoves
	Yoga (Fit Kids scheme written by SC)		Fundamentals Somerset scheme/ imoves	Sports day preparation/ Fundamentals

Key Stage 2 Curriculum Map for Physical Education

5 weeks of each when block split. 10 weeks when one activity listed.

	Cycle 1	Cycle 2	Cycle 3	Cycle 4
Year 3	Sportshall Athletics Uk ath/ English sch ath/ i moves	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Dance – imoves	OAA (Orienteering) or if wet - Yoga
	Yoga (Fit Kids scheme written by SC)	Fundamentals (Somerset scheme)	Invasion Games – Tag Rugby or handball– I moves or SC own scheme <small>Or continue with fundamentals if that is what your class needs (Somerset scheme or I moves)</small>	Rounders (imoves or SC own scheme) / Sports Day prep
Year 4	Yoga (Fit Kids scheme written by SC)	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Dance – imoves	OAA (Orienteering) or if wet - Yoga
	Sportshall Athletics Uk ath/ English sch ath/ i moves	Invasion Games – Basketball – imoves 5 weeks	Invasion Games – Tag Rugby or handball– I moves or SC own scheme	Rounders (imoves or SC own scheme) / Sports Day prep/ scheme
Year 5	Sportshall Athletics Uk ath/ English sch ath/ i moves	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Dance – imoves	OAA (Bushcraft skills in Forest school with SC?)
	Yoga (Fit Kids scheme written by SC)	Invasion Games – Basketball – imoves	Invasion Games –Handball (from previous CPD with James) or Netball	Rounders (imoves or SC own scheme) / Sports Day prep
Year 6	Sportshall Athletics Uk ath/ English sch ath/ i moves	Gymnastics – Gary’s scheme on staff share/ imoves Gymnastics	Dance – imoves/ Yoga for SATS (Sue scheme)	OAA (Bushcraft skills in Forest school with SC?)
	Yoga (Fit Kids scheme written by SC)	Invasion Games – Basketball – imoves 5 weeks	Invasion Games –Handball (from previous CPD with James) or Netball	Rounders (imoves or SC own scheme) / Sports Day prep
SSP Comps	Virtual SH athletics Y5/6, Multiskills Virtual Cross Country	Virtual Gymnastics SEND - panathlon challenge Basketball Y4/5	Netball Y5/6 Football and futsal (SFSS), boccia, curling (all 3-6)	Tennis (3/4), tri golf (3-6), orienteering (3-6), T&F athletics (5/6), cricket (4)

Within School- Daily Mile Destination Challenge, Active Lunchtime Challenges, Sports Day
Also See Extra Curr Timetable – for before school, lunch and after school sports activities